



# Malling Grange Care Home

Communities where everyone has a vibrant and fulfilling life

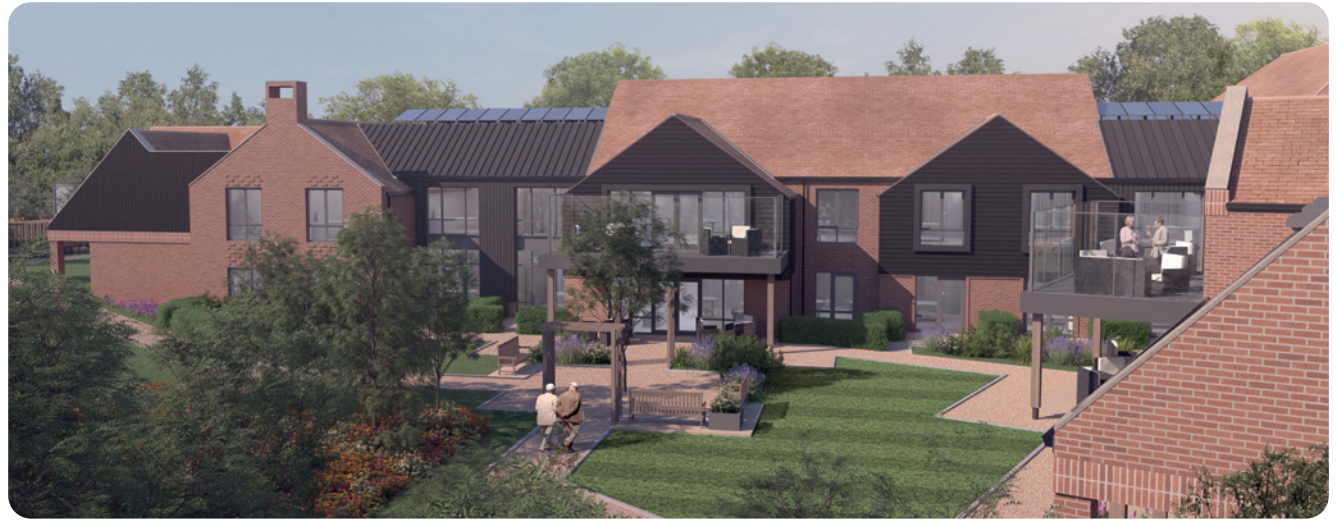
2 Station Road North, West Malling, Kent ME19 6XF

avante

care & support

'Everyone Matters'™

**Malling Grange is a new luxury 70 bed residential and dementia care home, located on Lucks Hill, West Malling.**



# OUR CARE HOME

Set within elegant surroundings and supported by compassionate care, Malling Grange offers a truly exceptional place to call home.

Designed around luxurious interior themes, Malling Grange offers more than a traditional care setting, with spacious en-suite bedrooms, elegant lounges, café, cinema, hair and beauty salon, library and landscaped gardens with outdoor terraces.

We create warm, welcoming communities where residents can enjoy a fulfilling lifestyle, with enriching activities, engaging outings, and meaningful relationships with fellow residents, family, and our caring team.

Our experienced, compassionate, and dedicated staff provide high-quality residential, dementia, and respite care, tailored to each individual's unique needs, ensuring comfort, dignity, and wellbeing throughout their care journey.

## **Our care services:**

- ✓ Residential Care
- ✓ Dementia Care
- ✓ Respite Care

## Residential Care

Residential care is for those with lower care needs, ensuring daily support is always available with tasks such as mobility, bathing, dressing, and medication. Our care is tailored to each individual, helping residents live comfortable, independent, and fulfilling lives.

Should needs change, our personalised care plans and skilled teams can provide additional support if required and help make the transition smoothly.

## Dementia Care

Our dementia care is centred on companionship, purpose, and meaningful engagement. Our dedicated team supports residents to remain active, connected, and involved in daily life, helping to reduce feelings of loneliness and enhancing overall wellbeing.

We have thoughtfully designed our home to support those living with dementia, creating a comfortable, reassuring, and dementia-friendly environment that promotes independence, confidence, and quality of life.

## Respite Care

We understand the demands of caring for an older loved one or someone living with dementia. Respite care gives families and carers the opportunity to take a break, knowing their loved one is in safe and caring hands.





- ✓ En-suite bedrooms
- ✓ Elegant lounges
- ✓ Landscaped gardens
- ✓ Café
- ✓ Cinema
- ✓ Library
- ✓ Hair & Beauty Salon
- ✓ Acoustic monitoring

## Facilities

Residents can relax in the peaceful gardens, take part in gardening activities, or enjoy quiet time in the snug library, with reassurance and support always available from our dedicated care team.

Malling Grange will also feature The Penny Lane Cinema, The Cascades Hair Salon, The Arches Café, and spa rooms offering nail care, wellbeing therapies and more.

Laundry and housekeeping services are fully included and managed by the home's domestic team. Residents who wish to take part in everyday tasks, such as laundry or light housekeeping, are encouraged and supported by staff when needed.

## Sustainability

Sustainability and innovation come together to create a modern, comfortable environment for residents and visitors alike. As Avante's first fully electric care home with no gas supply, Malling Grange has been designed to be our most energy-efficient home yet. Heating and hot water are powered by air source heat pumps, supported by solar panels that help generate additional electricity.

Underfloor heating throughout creates a greater sense of comfort and space, while the building has been constructed to BREEAM 'Very Good' sustainability standards and has achieved an EPC Energy Rating of A(7).

## Technology

Technology has also been thoughtfully integrated throughout the home to enhance both wellbeing and care. Every bedroom will feature Adaptive acoustic monitoring technology alongside silent nurse call alarms, helping to provide responsive, person-centred care in a calm and reassuring environment.

The home's artwork and interior design have also been carefully curated to reflect the heritage, character and natural beauty of the West Malling area, creating a warm and welcoming place that feels closely connected to the local community.

## Nutrition & Hydration

We prioritise the health and well-being of our residents, including their nutrition and hydration needs.

We offer a wide range of delicious and nutritious meals prepared by our skilled chefs and kitchen team, which ensures that our residents receive meals that cater to their individual tastes, cultural preferences, and dietary needs. All of our meals are freshly prepared throughout the day, with light meals and snacks available at any time.

We are committed to promoting the well-being of our residents by providing nourishing and enjoyable dining experiences.



## Activities

At Malling Grange, we provide a variety of engaging activities throughout the week that promote well-being and enhance the quality of life. Creative pursuits, such as art therapy, craft workshops and indoor gardening provide an outlet for self-expression and encourage cognitive stimulation.

The stimulating music therapy sessions not only offer entertainment but also evoke memories and emotions, adopting a sense of connection and joy. Our beautifully landscaped gardens provide a tranquil space for residents to participate in gardening activities, promoting physical activity and sensory engagement.



## Day Trips

We believe in creating enriching experiences within our local communities and are committed to expanding opportunities for residents to engage with the world around them.

By investing in initiatives that strengthen community connections, as part of our future development plans, we aim to organise regular day trips to places of interest. These outings will include visits to museums, art galleries, historical landmarks, parks, and other attractions, providing opportunities for socialisation, mental stimulation, and enjoyable experiences.



**Avante Care & Support is a not-for-profit organisation that provides residential, dementia, and nursing care. We also offer home care, respite care, day care, and well-being support services.**

We are a well-established organisation with more than 35 years of experience in delivering high-quality care services. As we do not have shareholders, any surplus is reinvested into improving and developing the support we offer.

Our vision is to create 'Communities where everyone has a vibrant and fulfilling life'.

We support a diverse community of more than 1,000 people across Kent and South East London through a wide range of care services.

Our care homes provide residential, dementia, nursing, and respite care in welcoming and supportive environments. By taking the time to understand each resident's individual needs, preferences, and routines, our experienced team can deliver the right level of care and wellbeing support through tailored care plans.

We also offer Home Care services, enabling people to remain independent, active, and comfortable within their own homes.

# WHO WE ARE

*Kind, considerate, caring, compassionate, thoughtful, always willing to support. Staff are great with Dad, everyone is very welcoming and helpful.*





# OUR PHILOSOPHY OF CARE

## The Eden Alternative

After a long and active life, older people are often called to face new challenges around loneliness, feelings of helplessness and boredom, all of which can present a challenge to those receiving care.

The Eden Alternative reduces these challenges by ensuring residents have opportunities to build relationships with each other and staff as well as children and animals, and stay connected to nature outside and inside the home. We do this by encouraging residents to feel useful and

needed, and by providing a varied and interesting environment.

At Malling Grange, our philosophy of care, the Eden Alternative, enables older people to meet these challenges.

We overcome loneliness by regular contact with nature, animals, and people in the community.

We overcome helplessness by providing the opportunity to give as well as receive care. We overcome boredom with variety and spontaneity.

We believe meaningful activities are essential to human health and well-being, and that age should not be a barrier to personal growth and learning.

The views of people or their advocates must inform decision-making that affects their lives.

**Understanding the type of care you need is an important first step in finding a care home that is right for you.**

Selecting a suitable care home can be an overwhelming and challenging task. We are here to provide guidance and support to help you make the right choice.

With this in mind, we have plenty of useful information available on our website or you can contact the home directly.

We have an open door policy and you are welcome to visit the care home at any time to see how our care services are provided.

Our staff are there to assist with any questions you may have.

By choosing Malling Grange you can trust that your loved one will receive the highest standard of care, compassion, and understanding; allowing them to thrive and maintain a sense of purpose and joy in their daily lives.

# GET IN TOUCH

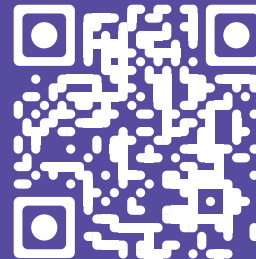
For new resident enquiries please call **01732 386 508**.

 2 Station Rd N, West Malling, Kent ME19 6XF

 [avantecare.org.uk/malling-grange](http://avantecare.org.uk/malling-grange)

 @MallingGrange

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SCAN FOR INFO

