



Wain House Care Home

Communities where everyone has a vibrant and fulfilling life

30 Linksfield Rd, Westgate-on-Sea, Kent, CT8 8EU

avante^e

care & support

'Everyone Matters'™

Avante Care & Support is a registered charity that provides residential, dementia, and nursing care. We also offer Home Care, respite care, day care, and well-being support services.

We are a well-established not-for-profit care and support organisation with over 30 years of experience within the care sector. As we have no shareholders, any surplus can be reinvested directly into enhancing the services we provide. Our caring and compassionate team is committed to delivering the highest standards of personalised care.

Our vision is 'Communities where everyone has a vibrant and fulfilling life'.

We offer care services to a diverse community of over 1000 individuals in Kent and South East London.

Our care homes specialise in providing residential, dementia, nursing, and respite care.

Our experienced and dedicated care team spend time getting to know residents, to ensure the most suitable care and well-being support is given. We develop bespoke care plans to meet their needs and requirements.

In addition we provide Home Care that enables service users to maintain independent and active lives in their own homes.

WHO WE ARE

The health and wellbeing of our residents are at the heart of everything we do at Wain House.

We're committed to person-centred care and supporting the wellbeing of our residents.





Wain House is a modern purpose-built care home situated in the seaside town of Westgate-on-Sea

At Wain House, we create a warm, welcoming atmosphere where residents enjoy engaging activities, memorable outings, and meaningful friendships with fellow residents and our caring staff.

Our qualified, attentive team delivers tailored residential, dementia, nursing, and respite care, always focused on individual needs.

At the heart of Wain House is the Avante philosophy of care, the Eden Alternative. Our staff promote connection, engagement and fulfilment, working to overcome loneliness, boredom and helplessness - helping residents truly thrive.

The modern, luxurious design features en-suite bedrooms with showers, which residents can personalise with treasured items and furniture. Bright communal lounges provide inviting spaces to relax, socialise, and join daily activities with loved ones.

Our vibrant community embraces a nautical theme, with suites named after local bays, including Walpole, Botany, Kingsgate and Palm Bay.

Our thoughtfully designed home supports those living with dementia, creating comfort, security and peace of mind for residents and families.

OUR CARE HOME

- Dementia Care
- Nursing Care
- Residential Care
- Respite Care
- Daily activities
- En-suite bedrooms
- Large, bright lounges
- Kitchenettes
- Landscaped gardens
- Seabreeze Salon
- The Waterside Café
- Miniature Railway
- Lighthouse Cinema
- Free Wi-Fi





Avante is committed to delivering on the principles of Dementia Care as outlined by Stirling University, who are world leaders in the design of services and environments for people with dementia.

The layout of social areas represents a domestic environment to help residents link with memories of their own homes. There are no visual or physical barriers, and residents can move freely within their suites.

All of these strategies help support person-centred care and enable residents to enjoy activities and socialise with fellow residents and staff.

Residents can visit the pretty gardens to relax and enjoy a peaceful afternoon, or

join in with many gardening activities. There are quiet spaces for residents who might be feeling anxious or confused, or may just want some quiet time on their own. Our care team will always provide support and reassurance.

Wain House has the Seabreeze Salon and therapy room offering many treatments including hairdressing, nail manicures, and also other well-being treatments.

All laundry and cleaning are included and managed by the home domestic team.

Should residents wish to continue independently with daily tasks such as cleaning and laundry, practical support is always available from staff to do so.



Nutrition & Hydration

We prioritise the health and well-being of our residents, including their nutrition and hydration needs.

We offer a wide range of delicious and nutritious meals prepared by our skilled team, which ensures that our residents receive meals that cater to their individual tastes, cultural preferences, and dietary needs. All of our meals are freshly prepared throughout the day, with light meals and snacks available at any time.

We are committed to promoting the well-being of our residents by providing nourishing and enjoyable dining experiences.



Activities

At Wain House, we provide a variety of engaging activities throughout the week that promote well-being and enhance the quality of life. Creative pursuits, such as art therapy, craft workshops and indoor gardening provide an outlet for self-expression and encourage cognitive stimulation.

The stimulating music therapy sessions not only offer entertainment but also evoke memories and emotions, adopting a sense of connection and joy. Our beautifully landscaped gardens provide a tranquil space for residents to participate in gardening activities, promoting physical activity and sensory engagement.



Day Trips

We believe in creating enriching experiences in our local communities. We organise regular day trips to various locations of interest, ensuring that our residents continue to engage with the world around them.

Whether it is a visit to local museums, art galleries, or historical sites, these outings provide opportunities for socialisation, mental stimulation, and the joy of exploration.

Our commitment to maintaining connections in the local area allows residents to remain connected, vibrant, and actively involved in their communities.





OUR PHILOSOPHY OF CARE

The Eden Alternative

After a long and active life, older people are often called to face new challenges around loneliness, feelings of helplessness and boredom, all of which can present a challenge to those receiving care.

The Eden Alternative reduces these challenges by ensuring residents have opportunities to build relationships with each other and staff as well as children

and animals, and stay connected to nature outside and inside the home. We do this by encouraging residents to feel useful and needed, and by providing a varied and interesting environment.

At Wain House, our philosophy of care, the Eden Alternative, enables older people to meet these challenges.

We overcome loneliness by regular contact with nature, animals, and people in the community.

We overcome helplessness by providing the opportunity to give as well as receive care. We overcome boredom with variety and spontaneity.

We believe meaningful activities are essential to human health and well-being, and that age should not be a barrier to personal growth and learning.

The views of people or their advocates must inform decision-making that affects their lives.

Understanding the type of care you need is an important first step in finding a care home that is right for you.

Selecting a suitable care home can be an overwhelming and challenging task. We are here to provide guidance and support to help you make the right choice.

With this in mind, we have plenty of useful information available on our website or you can contact the home directly.

We have an open door policy and you are welcome to visit the care home at any time to see how our care services are provided.

Our staff are there to assist with any questions you may have.

By choosing Wain House you can trust that your loved one will receive the highest standard of care, compassion, and understanding; allowing them to thrive and maintain a sense of purpose and joy in their daily lives.

GET IN TOUCH

For new resident enquiries please call **01843 261783**.

**Linksfield Road, Westgate-on-Sea,
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**www.avantecare.org.uk
enquiry@avantecare.org.uk**

Avante Care & Support Limited. A Company Limited by Guarantee. (No. 2565021) A Registered Charity (No. 1002727). We make a surplus to reinvest in the services we provide to our Residents. Calls are recorded for training and monitoring purposes.

