



# Avante Home Care

Communities where everyone has a vibrant and fulfilling life

Kent Office: 1 Jubilee Way, Faversham, Kent ME13 8GD

Bexley Office: 105 Woolwich Road, Bexleyheath DA7 4LP

avante<sup>®</sup>

home care

'Everyone Matters'<sup>™</sup>

# Avante Home Care provides care and well-being support into peoples' homes throughout Kent and Bexley.

We are a well-established not-for-profit charity with over 30 years of experience in the care sector. Since we do not have shareholders, we reinvest any surplus back into the services we provide. Avante has a caring and compassionate workforce that are 100% committed to providing high standards of personalised care.

We have two home care branches: one in Bexley, covering the entire London Borough of Bexley, and the other is in Faversham, Kent, providing services in Faversham, The Isle of Sheppey and Sittingbourne.

Our Home care and Wellbeing Support service assists with a large range of needs, enabling individuals to maintain independent and active lives. At the heart of our service is our philosophy of care, the Eden Alternative.

Our staff encourage social interaction, connection, and engagement, working to eradicate loneliness, boredom, and a feeling of helplessness, which can present challenges in later life.

## WHO WE ARE

*“The carers are very kind and understanding. They are often ready to offer extra time if and when required. They are very friendly and empathetic. They are very professional, putting the needs of the patient at the fore.”*



# Supporting you to live an independent lifestyle

Our compassionate and fully-trained staff provide home care services tailored to the individual's requirements, such as support with everyday tasks that have become more difficult, help due to mobility or health-related issues, returning home from hospital, or just providing companionship and social support.

Avante Home Care provides care to privately funded, Local Authority funded and NHS continuing health care service users.

We deliver high-quality care and support in the home, to clients with a range of needs, including long-term complex care. We work in partnership with healthcare professionals to promote holistic, personalised care and support.

Avante Home care is regulated by the Care Quality Commission (CQC) and is rated Good across both registered branches.





# OUR SERVICES

We provide high-quality care and support with daily living, enabling individuals to maintain independent and active lives in their own homes. We can help with a range of needs including;

## Companionship and social support

If you would like some company, whether at home, going out for a coffee or to browse around the shops, we would love to help. We can also accompany you to appointments, helping you to be more independent and improve your quality of life.

## Night care

With our overnight support services, you can have peace of mind knowing that you are safe and cared for. Depending on the level of care required, you can choose between sleep-in or waking nights.

## Personal care

Individuals living with limited mobility or ill health may struggle to manage their personal care. Our caring staff will give you any help you need whilst maintaining your dignity at all times.



## Medication assistance

Our home care medication service covers two key aspects of medication. We can either prompt you to take your medication on time or we can administer it to you personally.

## Cooking support

Whether it's popping in to prepare your choice of breakfast or tasty meals that meet your dietary requirements, our carers will ensure that you're getting healthy food and a balanced diet throughout the day.

## Shopping

Whether you need assistance with ordering and receiving an online grocery delivery and putting the items away, or someone to shop on your behalf, we're here to help.

## Housekeeping

Housekeeping supports you at home with a wide range of tasks, including vacuuming, polishing and cleaning. Our team is ready to assist, helping you to enjoy continued independence in your own home.



**Making it easier for service users to have choice and control in their journey of care.**



# WELL-BEING

*Mum's carer is important to us and it isn't just that she does her job exceedingly well, it's the additional small things that make such a difference and are so appreciated.*

At Avante Home Care we firmly believe in supporting you to live an independent lifestyle. Our care team deliver care and well-being support, helping you to maintain independence and comfort in your own home.

A visiting carer can make all the difference, allowing you to do more of what matters and keep you connected with others within your community.

Whether you need support to live in your own home, or assistance in your daily life,

we are here for you, 365 days a year. Every care and support package we provide is unique, which is why we ensure that our highly-skilled care workers are trained to meet your individual needs.

Well-being, both physical and mental, is a key focus for our carers. They will work with you to maintain and develop interests and hobbies, which in turn help improve your well-being and quality of life.

# Our Philosophy of Care

## The Eden Alternative

### The challenges

After a long and active life, older people are often called to face new challenges around loneliness, feelings of helplessness and boredom, all of which may present a challenge for many seniors in later life.

The Eden Alternative reduces these challenges by ensuring everyone has opportunities to build relationships with each other and staff as well as children and animals, and stay connected to nature outside and inside the home.

We do this by encouraging everyone to feel useful and needed, and by providing a varied and interesting environment.

### How we can help

Our philosophy of care, the Eden Alternative, enables older people to meet the aforementioned challenges.

We overcome loneliness by regular contact with nature, animals, and people in the community.

We overcome helplessness by providing the opportunity to give as well as receive care.

We overcome boredom with variety and spontaneity.

### At Avante Care & Support we believe

Meaningful activities are essential to human health and well-being.

Age should not be a barrier to personal growth and learning.

The views of people or their advocates must inform decision making that affects their lives.



# Understanding the type of support you need is an important first step.

Selecting a suitable home care service can be an overwhelming and challenging task. We are here to provide guidance and support, helping you to make the right choice.

With this in mind, we have plenty of useful information available on our website or by contacting our offices directly. Our staff are there to assist you with any questions you may have.

You can find lots of helpful information on finding the right home care on our website at [www.avantecare.org.uk](http://www.avantecare.org.uk).

By choosing us, you can trust that you will receive the highest standard of care and well-being support, compassion, and understanding; allowing you to maintain an independent and active life.

# GET IN TOUCH

We would love to hear from you. For new home care enquiries please call **01795 600 404**.

[www.avantecare.org.uk](http://www.avantecare.org.uk)

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Avante Care & Support Limited. A Company Limited by Guarantee. (No. 2565021) A Registered Charity (No. 1002727). We make a surplus to reinvest in the services we provide to our service users. Calls are recorded for training and monitoring purposes.



SCAN FOR INFO

Latest CQC Rating

Good

