



Amherst Court

Palmerston Road, Chatham, Kent, ME4 6LU

COMMUNITIES WHERE EVERYONE HAS A VIBRANT AND FULFILLING LIFE

avante[®]
care & support
'Everyone Matters'

Avante Care & Support is a registered charity providing personalised residential care, home care and wellbeing support services

Avante Care & Support is proud to be a well established not for profit organisation, with an experienced and committed workforce, looking to make a difference through the care and support offered to individuals who choose our services.

Avante Care & Support provides care to over 1000 people. In our care homes we deliver specialist residential dementia and nursing services, including day care and short term

respite breaks. Our home care teams provide a range of wellbeing support services, enabling individuals to maintain independent lives in the comfort of their own home.

Our vision is 'Communities where everyone has a vibrant and fulfilling life'. Our experienced and dedicated care teams spend time getting to know each individual. We ensure the most suitable care and wellbeing support is given that is unique to their needs and requirements.

WHO WE ARE

Amherst Court is clean, safe, visitor-friendly and good for stimulation due to regular activities. It has been a relief to find such a happy home.



We ensure our care teams are able to provide professional and compassionate care and support, to both residents and their loved ones.



We provide specialist dementia care in all of our care homes and understand the specific challenges faced by people living with dementia.





Amherst Court Care Home is situated in the historic town of Chatham, Kent

At Amherst Court we work to create a welcoming atmosphere in which residents enjoy activities, go on outings and make friends with other residents and staff.

At the heart of our home is our Philosophy of Care, the Eden Alternative, where staff encourage social interaction, engagement and work towards the eradication of loneliness and boredom.

Our home provides a safe, warm and friendly environment with 24-hour care and support

provided for people living with dementia. The team of qualified and attentive staff focus on the individual needs of the residents and their wellbeing.

The modern design provides well equipped, bright en-suite bedrooms to support person centred care. The names of the suites follow a nautical theme - Charlotte, Trafalgar, Valiant and Apollo.

OUR CARE HOME

- ✔ Dementia Care
- ✔ Residential Care
- ✔ Respite Care
- ✔ Day Care
- ✔ Daily activities
- ✔ En-suite rooms
- ✔ Large, bright lounges
- ✔ Baby change facilities
- ✔ Kitchenettes
- ✔ Landscaped gardens
- ✔ Hair salon
- ✔ Cafe
- ✔ Minibus
- ✔ Wi-fi
- ✔ Private phone

Other facilities include the cafe on the ground floor, providing a meeting place to enjoy a drink or a light lunch with family and friends.

There is a public computer available for any relatives visiting the home, or residents using it to browse or communicate with loved ones via email or video call.

The beauty salon 'Ship Shape' is situated on the ground floor where you can treat yourself to a new hair style or beauty treatment.

Residents can visit the pretty courtyard garden to while away a peaceful afternoon, or join in with the daily programme of activities throughout the home. The minibus also gives residents the opportunity for day trips out to one of the many local places of interest.

As well as a flexible day care service Amherst Court offers a respite care service allowing a crucial break for carers, for just a few hours or for several weeks. This offers family carers the chance to go on holiday or simply have some well-earned time off.

Staff help develop interests and hobbies at Amherst Court and provide many opportunities to meet and make new friends



The residents love to see and interact with the animals that often visit the home.



Residents enjoy getting stuck into some gardening, planting flowers, bushes and a variety of vegetables.

ALWAYS SOMETHING TO DO

After searching for a good local dementia care home, Avante came up tops. Mum has a lovely bedroom and is cared for at such a high standard. Mum is very happy there.



Residents from Amherst Court enjoying a meal prepared by themselves during their caravan holiday down by the coast.



Entertainers visit Amherst Court regularly, providing music and activities for residents to join in and enjoy.



As soon as I entered the home, I could tell the atmosphere was friendly. Everyone is very helpful and happy. The place is spotless



Our Philosophy of Care

The Eden Alternative

The challenges

After a long and active life, older people are often called to face new challenges around loneliness, feelings of helplessness and boredom.

How we can help

At Avante Care and Support, our philosophy of care, the Eden Alternative, enables older people to meet these challenges.

We overcome loneliness by regular contact with nature, animals and people in the community.

We overcome helplessness by providing the opportunity to give as well as receive care.

We overcome boredom with variety and spontaneity.

At Avante Care & Support we believe

Meaningful activities are essential to human health and wellbeing.

Age should not be a barrier to personal growth and learning.

The views of people or their advocates must inform decision making that affects their lives.



Understanding the type of care you need is an important first step in finding a care home that is right for you

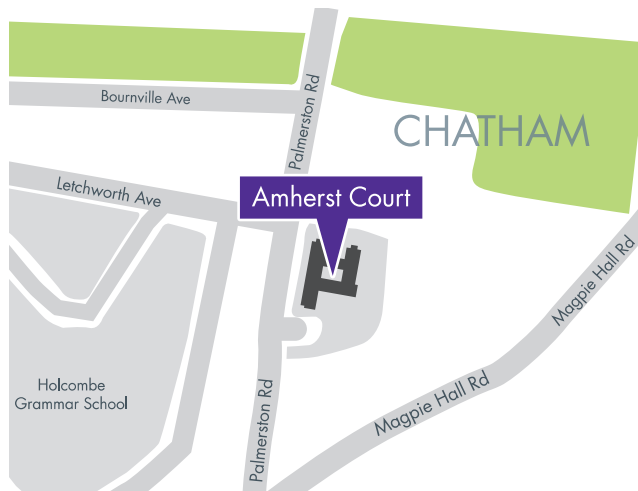
Searching for a care home is not something any of us do every day. Often it can be quite stressful for all involved.

We are here to provide guidance, whether one of our homes is right for you or not. With this in mind we have plenty of useful information you can access to help you with making the right choice.

You can find lots of helpful information on finding the right care home on our website www.avantecare.org.uk.

We have an open door policy across all of our homes. You are welcome to visit at any time and see what care is provided. Our staff are there to assist with any questions you may have.

GET IN TOUCH



We would love to hear from you. Feel free to pop in or contact the Home Manager on **01634 400009** or contact our Head Office on **01795 597400**.

Palmerston Road, Chatham, Kent, ME4 6LU

www.avantecare.org.uk

enquiry@avantecare.org.uk



- 1** Parkview care home
105 Woolwich Road
Bexleyheath, DA7 4LP
- 2** Puddingstone Grange care home
82 Plumstead Common Road
Woolwich, SE18 3RD
- 3** Northbourne Court care home
Harland Avenue, Sidcup,
DA15 7NU
- 4** Riverdale Court care home
17 Dovedale Close, Welling,
DA16 3BU
- 5** Weybourne care home
1 Finchale Road, Abbey Wood,
SE2 9AH
- 6** Home Care and Support - Bexley branch
Rear of 21 Bourne Road, Bexley,
DA5 1LW

- 7** Amherst Court care home
Palmerston Road, Chatham,
Kent, ME4 6LU
- 8** Bridge Haven care home
Conyngham Lane, Bridge,
Kent, CT4 5JX
- 9** Chaucer House care home
82 St Martins Hill, Littlebourne Road,
Canterbury, CT1 1PS
- 10** Court Regis care home
Middletune Avenue, Sittingbourne, Kent,
ME10 2HT
- 11** Pilgrims View care home
Roberts Road, Snodland,
Kent, ME6 5HL
- 12** Home Care and Support - Kent branch
De Gelsey House, 1 Jubilee Way,
Faversham, Kent, ME13 8GD
- 13** Avante Care & Support Head Office
De Gelsey House, 1 Jubilee Way,
Faversham, Kent, ME13 8GD

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EDEN ALTERNATIVE
UK & IRELAND
BEYOND PERSON CENTRED CARE

INVESTORS
IN PEOPLE

NCF
THE NATIONAL CARE FORUM

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