

Day Care

Do you care for a friend or family member in their own home? Would you both enjoy a change of scenery now and again?

avante^e

care & support

'Everyone Matters'

Communities where everyone has a vibrant and fulfilling life

Avante Care & Support Day Care could be the answer for both of you, giving your loved one the chance to meet new people and take part in varied, fun activities whilst you enjoy some time to yourself.

All of our day care centres are run by dedicated and experienced care teams, giving you the peace of mind that your loved one is in safe hands whilst they're with us.

There are a variety of day care packages available. Some clients visit for a couple of hours a week whilst others have a full day or several days throughout the week.

Day Care Locations

- ✔ **The Willow Day Care Centre,**
at Court Regis, Call us on 01795 428 364
- ✔ **The Christie Day Care Centre,**
at Northbourne Court, Call us on 0208 269 9840
- ✔ **The Haven Day Care Centre,**
at Parkview, Call us on 0208 303 7889
- ✔ **Integrated Day Care**
at Bridge Haven, Call us on 01227 831 607
- ✔ **Integrated Day Care**
at Riverdale Court, Call us on 020 8317 9067



What can you expect?

Keeping busy is the secret to staying independent and positive as we get older, so we support members to play an active part in the day care should they wish too, this can include helping out in the garden to planning outings, or baking for everyone to enjoy.

There are regular health and beauty visitors to the day care centres from hairdressers to chiropodists. Many of our day care centres have facilities like kitchens and laundry rooms that members can use if they wish.

Some also have bathrooms with specialist equipment, so an experienced member of our team can give your loved one a bath if you're finding this difficult to do yourself at home. Meals and snacks are provided where required.

Get in touch

We would love to hear from you. Feel free to contact our Day Care Centres directly or our Head Office on **01795 597 400**.

www.avantecare.org.uk
enquiry@avantecare.org.uk