

# Respite Care

All of our residential dementia care homes offer respite care for older people who need extra support following an operation or illness, or whilst their regular carer takes a well-earned break.

avante<sup>®</sup>

care & support

*'Everyone Matters'*

## Communities where everyone has a vibrant and fulfilling life

Being a full-time carer is a very demanding role. Respite care breaks are an opportunity for carers to take a holiday or simply spend some time looking after their own needs, safe in the knowledge that their loved one is receiving the very best care.

Respite care can also be a valuable break for older people too – it's a chance to meet new people, enjoy a change of scenery and try out some new activities and experiences.

Avante Care & Support tailor respite stays to each person's individual needs and have specialist expertise in supporting older people who have Alzheimer's and other forms of dementia, physical disabilities or restricted mobility. Respite care can last for just a few days or as long as is needed.

### What's included:

- ✓ **Full personalised assessment of your care needs**
- ✓ **Your own individual care plan delivered by trained staff**
- ✓ **All meals**
- ✓ **Activities and day trips out**
- ✓ **Fully furnished room, including en-suite facilities**

### What can you expect?

Respite clients have a personal care plan that takes into account their support needs, interests, likes and dislikes, and daily routines. Staff take the time to get to know all respite clients to ensure their arrival is smooth and welcoming.

Every respite client has their own bedroom, which they're free to personalise with photographs and ornaments, to help create a familiar environment from home.

Friends and family are of course welcome to visit at any time and can join their loved one for mealtimes or arrange special outings with them. We encourage respite clients to take part in the life of the home during their stay.



## Get in touch

If you have any questions or would like further information, please contact us at Head Office on **01795 597 400.**

[www.avantecare.org.uk](http://www.avantecare.org.uk)

[enquiry@avantecare.org.uk](mailto:enquiry@avantecare.org.uk)