

# Home Care & Support

Avante Home Care & Support provides domiciliary care, enabling individuals to maintain independent and active lives.

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care & support

'Everyone Matters'

## Communities where everyone has a vibrant and fulfilling life

We offer assistance with daily living, enabling individuals to maintain independent and active lives. Our compassionate and fully trained staff provide services which are tailored around your needs, whether you require support with everyday tasks that have become more difficult, need help due to mobility or health related issues, or are returning home from hospital.

Avante Care & Support, a registered charity, has two branches of home care, one in Bexley covering the whole of the London Borough of Bexley and one in Kent providing services in Swale and Faversham.

Our home care and support service provides care to privately funded, Local Authority and NHS continuing health care service users.

We deliver high quality care and support in the home, to clients with a range of needs, including complex care. Complex care is also known as long-term care or continuing care.

We work in partnership with healthcare professionals to promote holistic, personalised care and support.

Whether you need support to live in your own home, or assistance in your daily life, we are here

for you, 365 days a year. Every care package we provide is unique, which is why we ensure our highly skilled care workers are trained to meet your individual needs.

### Our help and support includes:

**Personal care** - A lack of mobility or ill health can be an obstacle for people when it comes to their personal health and hygiene. Our care workers provide essential support from getting dressed to going to the bathroom.

**Respite care** - Respite Care offers the chance for anybody caring for a loved one or friend to step back and recuperate without disturbing established routines.

**Bathing assistance** - We can help with everything that's needed for a safe bath experience.

**Household help and shopping** - The demands of running a home can sometimes be overwhelming. Whether it's doing the dishes, the laundry or just getting dinner on the table, our care workers can be there to help.

**Medication assistance** - Our home care and support team help with medication, offering simple reminders of when to take them. Our care workers will also provide advice on eating healthily and assistance with exercise.

**Help with rehabilitation** - We can help with everything that's needed after surgery or treatment for an illness. Our experienced care workers will assist with rehabilitation and offer expert care during the recovery period.

## Get in touch

We would love to hear from you.

Feel free to pop in or contact:

**Kent Office: 01795 597 400**

De Gelsey House, 1 Jubilee Way,  
Faversham, ME13 8GD

**Bexley Office: 01322 344 980**

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